

Sparta Community Education & Athletes In Motion

Build Confidence, Skills and Fitness! Earn Medals & Trophies!

Safe Kids



*Protect your Child from
Bullies and Kidnappers*

Ages 5-15



Starts Tuesday, Sept. 30th

**AIM USA™
Self-Defense &
Safety Awareness**

This **FUN** course is designed for self- defense purposes emphasizing child safety awareness. From the bully on the playground to the person on the street looking to kidnap a child, your child is taught skills which enable him/her to survive in this world. **Self discipline rather than aggressiveness is promoted.** We teach the children how to avoid dangerous situations. We show them how to walk away from a fight and, when necessary, defend themselves. This program was designed specifically for children **ages 5 through 15**, and is taught by a **black belt** who has extensive training in dealing with children. This class is a fun and active environment, which **produces results.** Students are placed into **classes according to age and ability.** New students progress to yellow belts and returning students earn higher belts. The kids also earn **certificates, ribbons, medals, and a tournament TROPHY!**

**AIM USA™ Floor
Gymnastics & Tumbling**
Build Skills & Increase Confidence



Starts Thursday, Oct. 2nd

Ages 2-10

This **fun and exciting program** is designed to enhance self-confidence and improve coordination, physical fitness and flexibility. Learn from experienced instructors who teach the skills of floor gymnastics and tumbling! Students earn certificates, ribbons and medals. **Beginning students** will learn fundamentals and **returning students** learn advanced skills. Parent / Tot classes focus on developmental areas of coordination and motor skills. Everyone participant receives a **trophy** at the AIM USA competition.

NEW!

AIM USA Volleyball

Starts Wednesday, Oct. 1st



**Build great
Foundation skills !!**



Grades 4th, 5th, & 6th

An experienced AIM USA volleyball coach teaches this fun and action packed program. We have classes for both the Beginning and Intermediate players. Students will learn and refine the proper skills and techniques to be successful volleyball players. These skills will be key to their future volleyball success. Classes are focused on the skills needed to compete on the middle school team! Students will earn certificates and medals.

AIM USA™ SELF DEFENSE & SAFETY AWARENESS

- ◆ **DATE:** Tuesdays, Sept 30th thru Dec. 2nd (9 classes)
- ◆ **PRE-REGISTER:** Sparta Community Education by mail, phone, fax or web site
- ◆ **PLACE:** Ridgeview Elementary Gym 560 West Spartan Drive Sparta, MI 49345
- ◆ **FEE:** \$69.00 / \$59 2nd child discount
- ◆ **TIMES:** CLASS I 5:45-6:30 p.m. Beginning Students All Ages
 CLASS II 6:30-7:15 p.m. Returning Students Ages 5-8
 CLASS III 7:15-8:00 p.m. Returning Students Ages 9-15



*A uniform is recommended. Uniforms available 1st evening for \$37...please arrive 20 min. early.

AIM USA GYMNASTICS & TUMBLING

- ◆ **DATE** Thursdays, Oct. 2nd thru Dec. 4th (9 classes)
- ◆ **PRE-REGISTER:** Sparta Community Education by mail, phone, fax or web site
- ◆ **PLACE:** \$79.0 Ridgeview Elementary Gym 560 West Spartan Drive Sparta, MI 49345
- ◆ **FEE:** \$69.00 / \$59 2nd child discount
- ◆ **TIMES:** CLASS I 5:30 - 6:15p.m. *Parent/ Tot* ages 2 & 3 CLASS II 6:15 - 7:00p.m. Ages 4 thru 6
 CLASS III 7:00 – 7:45 Ages 7-10



AIM USA VOLLEYBALL

- ◆ **DATE:** Wednesdays, October 1st thru December 3rd (9classes!)
- ◆ **PRE-REGISTER:** Sparta Community Education by mail, phone, fax or web site
- ◆ **PLACE:** Applevew Upper Elementary 240 E. Spartan Dr. Sparta, Mi 49345
- ◆ **FEE:** \$69.00 / \$59 2nd child discount
- ◆ **TIMES:** Class I 6:00-6:45. 4th & 5th grade. / Class II 6:45-7:30 6th grade



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Mail: Sparta Community Education 1655 12 Mile Road, Sparta MI 49345
Phone: 616- 887-7321

More Info. A.I.M. USA office ph: 616-891-4445 www.aimusainc.com
Class Fee: \$69 /\$59 2nd child discount (checks payable to: Sparta Community Education)

Internal use only:
 Check # _____
 Cash: \$ _____
 Charge: _____
 Amount: _____
 Date: _____

PLEASE INDICATE CLASS:

- ◆ **SELF DEFENSE:** Class I 5:45 p.m. / Class II 6:30 p.m. / Class III 7:15 p.m.
- ◆ **GYMNASTICS:** Class I 5:30 p.m / Class II 6:15 p.m. / Class III 7:00 p.m.
- ◆ **VOLLEYBALL:** Class I 6:00 p.m/ Class II 6:45 p.m.

Name _____ Age _____ Phone _____ e-mail _____
 Address _____ City _____ Zip _____
 Credit Card MC VISA # _____ Expiration _____

I realize that by signing this form. I will not hold Sparta Community Education Or Athletes in Motion, Inc. responsible for any injuries that might occur in the above program. I realize that the staff of Sparta Community Education and Athletes in Motion will do everything possible to offer a safe and injury free program. I realize that by participating in these programs, there is a certain degree of risk and injuries may occur. I also verify, by signing this waiver, the above participant is covered by a family health plan. If the above participant is not covered by a health plan, I, the undersigned, will assume all financial responsibilities for any injuries that might occur. Waiver must be signed for your child to participate

Parent's Signature _____ DATE _____ 2008