



Kids' Rules for Online Safety:



- 1. I will not give out personal information such as my address, telephone number, parents' work address / telephone number, or the name and location of my school without my parents' permission.**
- 2. I will tell my parents right away if I came across any information that makes me feel uncomfortable.**
- 3. I will never agree to get together with anyone I "meet" online.**
- 4. I will never send a person my picture or anything else without first checking with my parents.**
- 5. I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact the service provider.**
- 6. I will talk with my parents so that we can set up rules for going online. We will decide upon the timer of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.**
- 7. I will not give out my Internet password to anyone (even my best friends) other than my parents.**
- 8. I will be a good online citizen and not do anything that hurts other people or is against the law.**

Athletes In Motion

Self-Defense & Cheer Programs for Youth
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